

Report of Activities of Women Development Cell for the year 2023-2024

- I. Name of the Institution : SAFA COLLEGE OF ARTS AND SCIENCE,POOKKATTIRI
- II. Name of Principal : Dr. P V Nidhin
- III. Name of Lecturer in Charge : Fathimath Suhra C
(Assistant Professor, PG Department of Economics)
- IV. Name of President : Ms Asia P (HOD, Department of Computer Application)
Treasurer (if any) : –
- V. Total Number of Activities conducted under the auspices of WDC : 14
- VI. List of Activities (Attach separate sheet if needed) : Enclosure
- VII. List of the Resource persons invited and the topics handled by them
(Attach separate sheet if needed) : Enclosure
- VIII. Remarks of Lecturer in charge about the functioning of the WDC
(Effectiveness, Level of participation and interest of Student s & Teachers,
Difficulties encountered etc.) : Enclosure
- IX. Other observations if any : –
(Attach separate sheet if needed)

Dr. P V Nidhin

Name & Signature of the

Principal

PRINCIPAL
Safa College of Arts And Science
Pookkattiri, Edayur-676552



Fathimath Suhra C

Name & Signature of

Lecturer in Charge

SAFA COLLEGE OF ARTS AND SCIENCE, POOKKATTIRI

LIST OF ACTIVITIES OF WOMEN DEVELOPMENT CELL 2023-24

SL.NO	NAME OF ACTIVITY
1	INDUSTRIAL VISIT : IGL MALAPPURAM
2	BE THE VOICE OF THE VOICELESS - AWARENESS PROGRAM ON GENDER-BASED VIOLENCE
3	SELF DEFENCE WORKSHOP
4	SAFA WOMEN'S CONCLAVE
5	DISCUSSION ON WOMEN RESERVATION BILL
6	WOMEN IN NUTRITION PROGRAMME
7	SUICIDE PREVENTION AWARENESS
8	LEGAL AWARENESS PROGRAMME
9	CHILD MARRIAGE FREE INDIA – AWARENESS
10	MOVIE SCREENING 'MARY KOM'
11	PATHWAY SOCIAL WELLNESS PROGRAMME
12	KANAL FEST
13	WORKSHOP ON VALUE ADDITION WITH TIE AND DYE
14	CERVICAL CANCER AWARENESS PROGRAM

WOMEN DEVELOPMENT CELL, SAFA COLLEGE

LIST OF THE RESOURCE PERSONS INVITED AND THE TOPICS HANDLED

SL.NO	RESOURCE PERSON	TOPIC
1	Mr.Muhammed Ashiq (Grand Master, World Federation of Shotokan Karate)	Self Defence Training
2	Layana Anand (Head & Asst. Professor of the Department of Women Studies, University of Calicut)	Inauguration of Women's Conclave
3	Dr.Ramya A (Consultant Gynaecologist, Aster MIMS Kottakkal)	Health and hygiene
4	Jamsheena MP (Author and Empowerment Cell Coordinator of Wings Malappuram Chapter)	Design your Dreams
5	Rejna MP(Nutritionist, Teacher and Dietician)	Balanced and Nutritional Diet for Adolescent Girls
6	Adv. Jayadhanya (National Service Society Lawyer and Taluk Legal Service Authority Panel Lawyer)	Know Your Rights : Legal Empowerment of Women in India's Changing Scenario
7	Mr. Shafeeq (Teacher, Markaz, Kanthapuram)	Introduction: Marriage For Social Wellness
8	Mrs. Saibunnisa (Consultant Psychologist, Tunelife, Kottakkal)	Effective Communication Skills For Couples and Healthy Online Communication
9	Mr. Faisal (Program officer, Kerala Social Security Mission)	Effective Management Of In law Relationships and Conflict Resolution Techniques
10	Mrs. Noosiya (Consultant Psychologist)	Infant and Adolescent Parenting Skills, Sex Education and Pregnancy

11	Mrs. Shabeeba (consultant Psychologist)	Family Budgeting
12	Adv. Mr. Shamsudheen (Kerala High Court, Ernakulam)	Legal and Religious Aspects of Marriage
13	Beena Sunny, Gender Trainer	KANAL FEST - Awareness
14	Srikala Gurukkal (Kalari Trainer)	KANAL FEST - Self Defense Training
15	Nabeel Fadi, designer (CINDREBAY Design)	Workshop on Value Addition with Tie and Dye
16	Megha (Senior Nursing Officer, Gynaecology Department, Alfa medi care Hospital)	Cervical Cancer Awareness

ABOUT WOMEN DEVELOPMENT CELL, SAFA COLLEGE

Women Empowerment and Gender Equality are the most important requirements for the upliftment and progress of our nation. The Women's Development Cell (WDC) aims to promote awareness of gender equality and work towards gender sensitization in society and among students in particular.

In the effort to make Safa College a strong kernel of gender sensitization, the Women Development Cell (WDC) was constituted. The Cell has included with both the faculty and students of the College as its members and works with an aim to create a gender sensitized community within campus as well as in the society. It has been organising various academic, technical, medical, cultural and social events for the upliftment of women and spread the real importance of gender equality in the society through College students. In keeping with the goal of women empowerment, the cell operates a Grievance Cell for urgent and effective handling of any gender-related complaints.

Objectives

- To promote general well-being of female students, teaching and non-teaching women staff and build an egalitarian society.
- To create an environment that will help women realize their full potential and give their best.
- Helping female students live a balanced life where they neither lurk into depression nor take the abode of aggression.
- To develop skills among the girl students for their overall personality development as well as for the encouragement of self-reliance among them.
- To create awareness about the problems of women in general and gender discrimination in particular by means of programs like lectures, workshops and seminars.

Vision

To educate, inspire and empower young women to strive for excellence in all areas of life.

Mission

To instill positive self-esteem and confidence in the female students so that they can take the right decision in and for-their lives and spreading awareness among the students about the social, legal and constitutional rights of women in order to prevent the exploitation based on gender.

FUNCTIONING OF WDC

The Women's Development Cell (WDC) at SAFA College has been instrumental in organizing a series of impactful programmes aimed at fostering awareness, empowerment, and well-being among students and faculty. This report aims to provide an overview of these initiatives, evaluating their functioning, effectiveness, level of participation, and the interest they generated among the college community. Additionally, it will shed light on the challenges encountered by the WDC in executing these programmes.

Programmes Conducted: (Detailed Report Enclosed)

- **Industrial Visit: IGL Malappuram:** The visit provided students with practical exposure to industrial operations of gems, fostering a deeper understanding.
- **"Be the Voice of the Voiceless" - Awareness Program on Gender-Based Violence:** This crucial initiative raised awareness about gender-based violence, encouraging dialogue and advocacy for victims' rights.
- **Self-Defence Training:** Empowering participants with essential self-defence skills, this training aimed to enhance confidence and personal safety among students.
- **SAFA Women's Conclave:** A platform for women to share experiences and insights, fostering solidarity and empowerment within the college community.
- **Discussion on Women Reservation Bill:** Facilitated meaningful discussions on policy matters, encouraging students to engage with contemporary socio-political issues.
- **Women in Nutrition Programme:** Educating participants about the importance of nutrition for women's health and well-being, promoting healthy lifestyle choices.
- **Suicide Prevention Awareness:** A Community Outreach Program, Addressing a critical societal issue, this programme aimed to raise awareness about mental health and suicide prevention strategies.

- **Legal Awareness Programme:** Providing valuable insights into legal rights and mechanisms, empowering participants to navigate legal complexities effectively.
- **Child Marriage Free India – Pledge taking:** Combating a deeply entrenched social issue, this initiative aimed to raise consciousness and advocate for change regarding child marriage.
- **Movie Screening 'Mary Kom':** Utilizing cinema as a medium for education and inspiration, the screening highlighted the journey of a female athlete, promoting themes of determination and resilience.
- **Pathway Social Wellness Programme:** Focusing on holistic well-being, this programme addressed various facets of social wellness after marriage. promoting mental and emotional health.
- **Kanal Fest:** To combat violence against women and children and end gender discrimination conducted an Awareness program.
- **Workshop on Value Addition with Tie and Dye:** Encouraging creativity and skill development, this workshop offered hands-on experience in traditional crafts, fostering artisanal talent.
- **Cervical Cancer Awareness Program:** Vital in promoting women's health, this programme educated participants about cervical cancer prevention and screening.

The programmes were well-organized, with clear objectives and structured activities. The WDC demonstrated efficient planning and coordination in executing these initiatives.

It effectively achieved their intended goals, fostering awareness, empowerment, and skill development among participants. Feedback from attendees indicated positive outcomes, with many expressing newfound knowledge and perspectives.

The level of participation varied across programmes but generally demonstrated active engagement from both students and teachers. High-interest topics such as gender-based violence and self-defence garnered significant attention and participation.

Challenges Encountered by WDC:

- **Scheduling Conflicts:** Coordination with academic schedules and extracurricular activities sometimes posed challenges in ensuring optimal participation.
- **Cultural Sensitivities:** Addressing sensitive topics like gender-based violence and child marriage required careful navigation of cultural norms and sensitivities.
- **Outreach and Communication:** Ensuring broad participation and effective communication about programmes proved challenging, particularly reaching marginalized or less-engaged groups.

The programmes conducted by the WDC at SAFA College have been instrumental in promoting awareness, empowerment, and holistic well-being among students and faculty. Despite encountering challenges, the WDC demonstrated commendable dedication and effectiveness in executing these initiatives, contributing significantly to the college community's development and progress. Continued support and enhancement of these efforts will further strengthen the culture of inclusivity and empowerment at SAFA College.

PROGRAM REPORTS

1. INDUSTRIAL VISIT : IGL MALAPPURAM

On July 13th, the Commerce & Management Studies Department organized a one-day industrial visit in collaboration with IGL (Industry of Gems and Jewellery) Malappuram, ED Club, and WDC Safa. The event primarily targeted final year female students in the Commerce and Management disciplines. Departing from the college at 10:00 AM in college bus, the visit comprised four faculty members and 32 students.

The itinerary was divided into three sessions. The first session involved a design class for the students, followed by practical training in the CAD Lab. The visit culminated with a tour of the manufacturing unit, during which students actively engaged with industry professionals, posing questions that were aptly addressed.

Overall, the program proved highly effective and beneficial for students in terms of career development and fostering women's empowerment.

1.1 POSTER



PG DEPARTMENT OF COMMERCE &
DEPARTMENT OF MANAGEMENT STUDIES

in association with
INSTITUTE OF GEMS & JEWELLERY, MALAPPURAM
&
ED CLUB & WDC SAFA COLLEGE, POOKKATTIRI

***Industrial Visit
&
Woman Empowerment
Program***

13-07-2023
THURSDAY

 **SAFA** | COLLEGE OF
ARTS AND SCIENCE
(Affiliated to University of Calicut)
Pookkattiri, Edayur P.O, Valanchery, Malappuram Dist. Kerala - 676552
☎ 0494-2988810, 2988808 ✉ safacollegeno@ignitai.com
www.safacollege.ac.in

1.2 PHOTOS



PG Department of Commerce & Department of Management Studies of Safa College of Arts & Science, Edayur Visited IGI



1.3 PARTICIPANTS LIST

SAFA COLLEGE OF ARTS AND SCIENCE POOKKATTIRI				
PG DEPARTMENT OF COMMERC & DEPARTMENT OF MANAGEMENT STUDIES				
INKEL EDU-CITY MALAPPURAM				
PARTICIPANTS LIST				
SL NO	Full Name (Capital letter)	Mobile Number	Mail Id	Department
1	AFIYA.K	8547546967	afiyajaleel220@gmail.com	Department of Management Studies
2	Noufeela thasni vk	8891696275	noufiyasam99@gmail.com	PG Department of Commerce
3	Harsha. K	8590802876	harshaharshasree69@gmail.com	Department of Management Studies
4	SALWA K	8943707014	Salwakallingal@gmail.com	PG Department of Commerce
5	Anaga cp	8089528448	anaghacp188@gmail.com	PG Department of Commerce
6	Rinsha fathima.T	7025974906	rinshathalappil@gmail.com	PG Department of Commerce
7	FARSANA K	8714078877	farsanak330@gmail.com	Department of Management Studies
8	FATHIMA THASNI KK	8129680713	fthasni33@gmail.com	Department of Management Studies
9	IRSHANA SHERIN KV	7012148903	irshanasherin02@gmail.com	PG Department of Commerce
10	Afna sherin.c	9037714824	sherinafna430@gmail.com	Department of Management Studies
11	MANSIYA	9207804004	manziminu@gmail.com	Department of Management Studies
12	SUVISHNA. P	9995480844	Suvipkrishna@gmail.com	PG Department of Commerce
13	Riya.K	9946288002	riyamohammed002@gmail.com	PG Department of Commerce
14	FATHIMA RIFLA	6235915577	riflamusthafa@gmail.com	Department of Management Studies
15	NAYANA SURESH KUMAR	8590614488	nayanasureshkumarmk@gmail.com	PG Department of Commerce
16	HAFEEFA SHERIN .N	9744284218	hafeefasherin12@gmail.com	Department of Management Studies
17	Mufeedha febin. C	8943158978	Febinmufeedha@gmail.com	Department of Management Studies

18	JASNA	9544083121	jasnaja8@gmail.com	Department of Management Studies
19	ARATHI	9645244886	arathimanikanda86@gmail.com	PG Department of Commerce
20	SUMANATH BEEVI MP	7306181303	zydharshad@gmail.com	PG Department of Commerce
21	SABNA SHERI VP	8848501909	Sabnasheri31@gmail.com	Department of Management Studies
22	LASIMA CP	8590291728	Lazilazima05@gmail.com	PG Department of Commerce
23	Nasla sherin .M	7907994587	nezlasherin574@gmail.com	PG Department of Commerce
24	ASHIDA. M	7994909559	ashidaashi35@gmail.com	PG Department of Commerce
25	RUKHIYATHULRUKSANA. KP	8714436721	shamanath38@gmail.com	PG Department of Commerce
26	ANSILA FATHIMA.M	8891626570	hh5913543@gmail.com	PG Department of Commerce
27	HASBI C	9961361334	hasbicheriyath02@gmail.com	PG Department of Commerce
28	RIYA FATHIMA P	8086101450	fathimariya043@gmail.com	Department of Management Studies
29	SHAMNA SHERIN P	7356868755	shamnasherin003@gmail.com	Department of Management Studies
30	FARSANA SHERIN CC	9947400889	farsanafarsi521@gmail.com	Department of Management Studies
31	JASEELA SHIRIN MT	7560908057	jaseelashirin7@gmail.com	PG Department of Commerce
32	SHAHANAS UP	9846247058	nasarnasabdulnasar@gmail.com	PG Department of Commerce
33	MUHSINA T	9745966778	muhsinariyas05@gmail.com	PG Department of Commerce
ESCORTING FACULTIES				
34	NIYASALI KC	8075205875	niyaskc93@gmail.com	PG Department of Commerce
35	ABDUL HAKEEM M	9895528765	hakeemdx@gmail.com	PG Department of Commerce
36	JAMSHEENA VP	9745960741	jamsheenavp7295@gmail.com	Department of Management Studies
37	JAYASREE P	9048788140	jayasreevineesh@gmail.com	PG Department of Commerce

2. BE THE VOICE OF THE VOICELESS - AWARENESS PROGRAM ON GENDER-BASED VIOLENCE

Department of Social Work, Safa College of Arts and Science, Pookkattiri, in association with the Gender Club and women Development Cell conducted an awareness program and related skit about gender-based violence named *“Be the voice of the voiceless,”* on 03/08/2023 at amphitheatre. Dr. Anshad Kolathur (HOD, Department of Social Work) was the President of the program. Dr. P V Nithin (Principal, Safa College of Arts and Science, Pookkattiri). inaugurated the function. Mrs. Bindhiya Babu, Mrs. Anseera Thasmi, Mr. Riswanul Haque P (Assistant Professors, Department of Social Work) , Mrs. Fathimath Suhra C (WDC Coordinator) and students Fathima Shifana M. (President, Gender Club) Mursina P. M. (Secretary, Gender Club), Abin K Sam, Shibana, Shelva Hanan(Members, Gender Club) addressed the gathering. Students from the department of Social work were actively participated in the program.

2.1 PROGRAMME SCHEDULE

Awareness program on gender-based violence

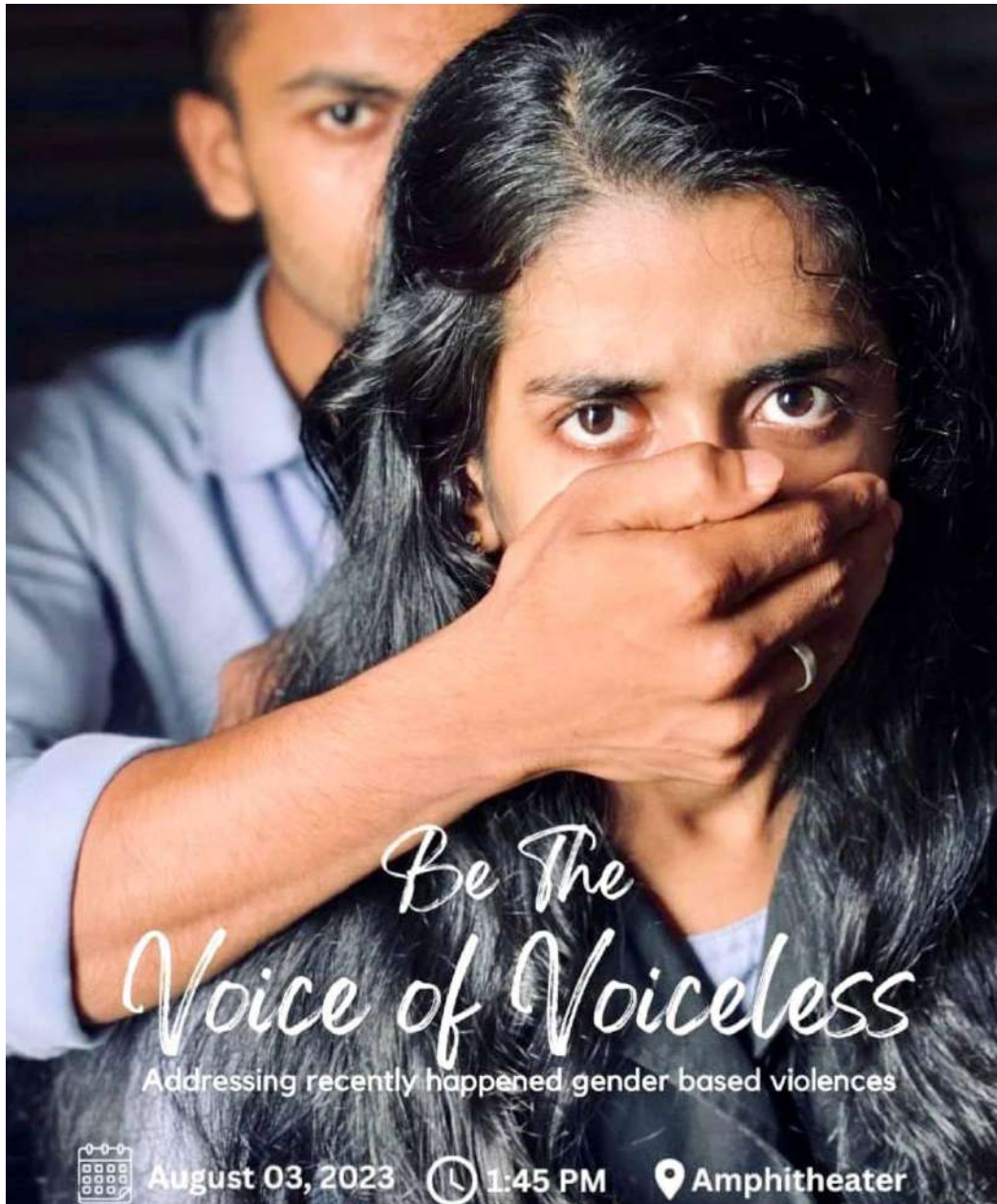
3rd August 2023

10 AM – 12:30 PM

Amphitheatre

Prayer	: Nissy C
Welcome Speech	: Rswanul Hasque (Assistant Professor, Department of Social Work)
Presidential Address	: Dr. Anshad Kolathur (HOD, Department of Social Work)
Inauguration	: Dr. P V Nithin (Principal, Safa College of Arts and Science, Pookkattiri)
Felicitation	: Mrs. Bindhiya Babu (Assistant Professor, Department of Social Work) : Mrs. Anseera Thasmi (Assistant Professor, Department of Social Work) : Mrs. Fathimath Suhra C (WDC Coordinator) : Fathima Shifana M. (President, Gender Club)
Awareness Skit Presentation by Students from Department of Social Work	
Vote of Thanks	: Mursina P. M. (Secretary, Gender Club)

1.3 POSTER



2.3 PHOTO



3. SELF DEFENCE TRAINING

Self-defence is a life skill that helps girls to be more aware of their surroundings and be prepared for the unexpected at any time. Through this girls become psychologically, intellectually and physically strong enough to protect themselves in times of distress. With this objective, Internal Quality Assurance Cell, Women Development Cell and Anti Sexual Harassment Cell of Safa College of Arts and Science jointly organised half day Self Defence training on 8th August 2023 at 9:30 AM at College Auditorium as part of EXORDIUM, Student Induction Programme. The Guest Trainer was Mr.Muhammed Ashiq (Grand Master, World Federation of Shotokan Karate) and his team. The training exclusively arranged for the students and staffs of the college.

The programme started with the welcome speech of Mr Abdul Shukoor PK, IQAC Coordinator. Principal Dr.PV Nidhin and Anti Sexual Harassment Cell Coordinator, Rasya Raveendran were facilitated the programme. The session started with orientation and discussion on safety precautions at road, home and other public places. The trainer taught many self-defence tricks and techniques to develop self-confidence. Both students and Staffs completely satisfied with this programme. Mrs Fathimath Suhra C, WDC Coordinator expressed heartfelt gratitude to the guest for making this programme a grant success.

3.1 PROGRAMME SCHEDULE

SELF DEFENCE WORKSHOP



8th August 2023

9:30 AM -12:30 PM

COLLEGE AUDITORIUM

Prayer	: College Choir
Welcome Speech	: Abdul Shukoor PK (IQAC Coordinator, SAFA College)
Felicitation	: Dr. PV Nidhin (Principal, SAFA College) : Rasya raveendran (Anti Sexual Harassment Cell Coordinator)
Invited Talk & Workshop	: Mr. Muhammed Ashiq (Grand Master, World Federation of Shotokan karate)
Vote of Thanks	: Fathimath Suhra C (WDC Coordinator)

3.2 POSTER

WOMEN DEVELOPMENT CELL &
IQAC SAFA ORGANIZE


EXORDIUM'23

STUDENTS INDUCTION PROGRAM

01st to 21st August 2023


Day 4
08-08-2023


SELF DEFENCE TRAINING



Mr. MUHAMMED ASHIQ
GRAND MASTER
WORLD FEDERATION OF SHOTOKAN KARATE

9:30 AM
@College Auditorium

 **SAFA** | COLLEGE OF
ARTS AND SCIENCE
(Affiliated to University of Calicut) | AN ISO 9001-2015 CERTIFIED
Pookkattiri, Edayur P.O, Valanchery, Malappuram Dist. Kerala - 676552
☎ 0494 2988810, 2988808 ✉ safacollegeoffice@gmail.com 🌐 www.safacollege.ac.in



3.3 PHOTOS





4. SAFA WOMEN'S CONCLAVE

A Day-long conclave titled, SAFA WOMEN'S CONCLAVE, Reinforce women: Rejuvenate Learners was jointly organized by Women Development Cell, Internal Complaint Committee and Anti Sexual Harassment Cell of Safa College of Arts and Science on 9th August 2023 at college Auditorium. Mrs Fathimath Suhra C, WDC Coordinator delivered the welcome address. College Principal Dr PV Nidhin presided over the function. The programme was inaugurated by Layana Anand, Head & Asst. Professor of the Department of Women Studies, University of Calicut. Internal Complaint Committee Member Abdul Shukoor PK , Anti Sexual Haerassment Cell Coordinator Rasya Raveendran were facilitated the Programme.

The conclave included with two different sessions on health and hygiene and career guidance. Dr.Ramya A, Consultant Gynaecologist, Aster MIMS Kottakkal spoke on the topic of "Health and hygiene" in the first session and Jamsheena MP, Author and Empowerment Cell Coordinator of Wings Malappuram Chapter, spoke on the topic of " Design your Dreams" in the second session. The conclave exclusively arranged for the girl students and female staffs of the college. Mrs Sumayya Jasmine, staff WDC Member and Ms Shahana Parveen, Student WDC Member were shared their opinion about the programme and expressed gratitude.

4.1 PROGRAMME SCHEDULE

SAFA WOMEN'S CONCLAVE

Reinforce Women: Rejuvenate Learners

9th August 2023

9:30 AM -4:00 PM

COLLEGE AUDITORIUM

9:30 AM – 10 AM: INAUGURATION

Prayer	: College Choir
Welcome Speech	: Fathimath Suhra C (WDC Coordinator)
Presidential Address	: Dr. PV Nidhin (Principal, SAFA College)
Inauguration	: Layana Anand (Head & Asst. Professor, Dept. of Women Studies, University of Calicut)
Felicitation	: Abdul Shukoor PK (ICC Member, Safa College)
	: Rasya Raveendran (Anti Sexual Harassment Cell Coordinator)

10 AM – 12 PM : SESSION 1

HEALTH & HYGIENE

Dr. Remya A (Consultant Gynaecologist, Aster MIMS Kottakkal)

Vote of Thanks	: Sumayya Jasmine (WDC Member & Asst.Professor, Safa College)
----------------	---

2PM – 4 PM : SESSION 2

DESIGN YOUR DREAMS

Ms. Jamsheena MP (Author, Personal Productivity Coach, Empowerment Cell Coordinator, WINGS Malappuram Chapter)

Welcome Speech	: Irfanath (WDC Member & Asst.Professor, Safa College)
Vote of Thanks	: Shahana Parveen (Student WDC Member)

4.2 POSTER

WDC

In association with
ICC & Anti-Sex
Harassment Cell



SAFA

WOMEN'S CONCLAVE

REINFORCEMENT WOMEN: REJUVENATE LEARNERS

9 AUGUST 2023 | SAFA COLLEGE AUDITORIUM



Inauguration
9.30 am - 10.00 am

Ms. Layana Anand
Head & Asst. Prof
Dept. of Women Studies
University of Calicut

SESSION I
10 - 12 pm



Health & Hygiene

Dr. Remya A
Gynaecologist
Aster MIMS, Kottakkal

SESSION II
2 - 4 pm



Design your Dreams

Ms. Jamsheeda MP
Author & Personal
Productivity Coach



SAFA
COLLEGE OF
ARTS AND SCIENCE

(Affiliated to University of Calicut) | AN ISO 9001-2015 CERTIFIED
Pookkattiri, Edayur P.O, Valanchery, Malappuram Dist. Kerala - 676552
☎ 0494 2988810, 2988808 ✉ safacollegeoffice@gmail.com 🌐 www.safacollege.ac.in



INTERNAL QUALITY ASSURANCE CELL
SAFA
Pookkattiri, Edayur P.O, Valanchery
MALAPPURAM DIST. KERALA
IQAC

WDC
In association with
ICC & Anti-Sexual
Harassment Cell



SAFA 
WOMEN'S CONCLAVE
REINFORCEMENT WOMEN: REJUVENATE LEARNERS
9 AUGUST 2023 | SAFA COLLEGE AUDITORIUM

Inauguration



Ms. Layana Anand
Head & Asst. Professor
Dept. of Women Studies
University of Calicut

SAFA COLLEGE OF
ARTS AND SCIENCE
(Affiliated to University of Calicut) | AN ISO 9001:2015 CERTIFIED
Pookkattiri, Edayur P.O, Valanchery, Malappuram Dist. Kerala - 676552
0494 2988810, 2988808 safacollegeoffice@gmail.com www.safacollege.ac.in




WDC
In association with
ICC & Anti-Sexual
Harassment Cell



SAFA 
WOMEN'S CONCLAVE
REINFORCEMENT WOMEN: REJUVENATE LEARNERS
9 AUGUST 2023 | SAFA COLLEGE AUDITORIUM

SESSION - I
10 - 12 pm
Health & Hygiene



Dr. Remya A
Consultant Gynaecologist
Aster MIMS, Kottakkal

SAFA COLLEGE OF
ARTS AND SCIENCE
(Affiliated to University of Calicut) | AN ISO 9001:2015 CERTIFIED
Pookkattiri, Edayur P.O, Valanchery, Malappuram Dist. Kerala - 676552
0494 2988810, 2988808 safacollegeoffice@gmail.com www.safacollege.ac.in




WDC
In association with
ICC & Anti-Sexual
Harassment Cell




SAFA 
WOMEN'S CONCLAVE
REINFORCEMENT WOMEN: REJUVENATE LEARNERS
9 AUGUST 2023 | SAFA COLLEGE AUDITORIUM

SESSION - II
2 - 4 pm
Design your Dreams



Ms. Jamsheena MP
Empowerment Cell Coordinator
WINGS Malappuram Chapter
Author, Personal Productivity Coach

SAFA COLLEGE OF
ARTS AND SCIENCE
(Affiliated to University of Calicut) | AN ISO 9001:2015 CERTIFIED
Pookkattiri, Edayur P.O, Valanchery, Malappuram Dist. Kerala - 676552
0494 2988810, 2988808 safacollegeoffice@gmail.com www.safacollege.ac.in




4.3 PHOTOS





5. DISCUSSION ON WOMEN RESERVATION BILL

Women's Reservation Bill 2023, also termed as Nari Shakthi Vandan Adhiniyam, was passed in the parliament on 21st September. It guarantees 33% of all seats in the Lok Sabha and State Legislative Assemblies for women. Although historic, the implementation of the law is viewed from different perspectives. With regard to this, Women Development Cell and PG Department of Economics jointly organized an Open Discussion on Women Reservation Bill named '*ALWAYS DESERVED TO BE RESERVED*' on 26th September 2023 at 2:30 PM at Amphitheatre. Bushara Shoukath and Akhila Raj, faculties from the PG Department of Economics spoke in detail about the bill, they detailed the pros and cons. After that students shared their views and cleared doubts. Internal Complaint Committee Member Asia P, Anti Sexual Harassment Cell Coordinator Rasya Raveendran were joined the discussion.

From the discussion it is concluded that the enactment of the Bill will confer power upon women, foster the advancement of gender equality within society, empowers women politically, increases women's representation, bring diverse perspectives. At the same time it have challenge in implementation.

5.1 POSTER

WDC COLLEGE OF ARTS & SCIENCE
WDC
WOMEN DEVELOPMENT CELL


PG DEPT. OF ECONOMICS
SAFA CAS
SAFA COLLEGE OF ARTS & SCIENCE

WDC SAFA
IN ASSOCIATION WITH
PG DEPARTMENT OF ECONOMICS

ALWAYS DESERVED TO BE RESERVED

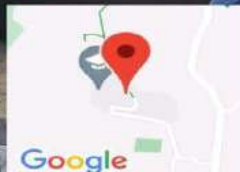
An Open Discussion on
Women Reservation Bill

02:30PM, 26/09/2023, AMPHITHEATRE

 **SAFA** | COLLEGE OF
ARTS AND SCIENCE
(Affiliated to University of Calicut)
Pookkattiri, Edayur P.O, Valanchery, Malappuram Dist. Kerala - 676552
☎ 0494 2988810, 2988808 ✉ safacollegeoffice@gmail.com

www.safacollege.ac.in

5.2 PHOTOS



Pookkattiri Kerala India 29°C
W35V+PRX, Pookkattiri, Kerala 676552, India
Lat: 10.91 | Long: 76.09
26/09/2023 3:09 pm, GMT+05:30
Tue, 26 Sept



6. WOMEN IN NUTRITION PROGRAMME

National Nutrition Week is an annual nutrition event of great importance and is observed in the country from 1st to 7th September every year since 1982. The main objective is to highlight the importance of a healthy diet and its impact on the body. A balanced diet with essential nutrients is necessary for proper development and functioning. With this objective Women Development Cell organised a Women In Nutrition Programme on 27th September 2023 at 1:00 PM at Audio Visual Hall. It was an invited talk on ‘Balanced and Nutritional Diet for Adolescent Girls’ by Ms.Rejna MP, Nutritionist,Teacher and Dietician. The talk exclusively arranged for the girl students and female staffs of the college.

The programme started with the welcome speech of Fathimath Suhra C, WDC Coordinator. Principal Dr. PV Nidhin, WDC Member Asia P were facilitated the programme. The session included with the concepts of what to eat, key nutrients during adolescent, what to avoid, healthy eating plate, diet plans , health benefits of diet, healthy weight etc.. Both students and Staffs satisfied with this programme. WDC member Rasya Raveendran expressed gratitude to the guest for the interesting talk.

6.1 PROGRAMME SCHEDULE

WOMEN IN NUTRITION PROGRAMME

27TH SEPTEMBER 2023

1:00 PM - 3:30 PM

AUDIO VISUAL HALL

Prayer	: College Choir
Welcome Speech	: Fathimath Suhra C (WDC Coordinator)
Felicitation	: Dr. PV Nidhin (Principal, SAFA College)
	: Asia P (WDC Member)
Invited Talk	: Ms. Rejna MP (Nutritionist,Teacher and Dietician)
Vote of Thanks	: Rasya Raveendran (WDC Member)

6.2 POSTER



Women Development Cell (WDC)
organises
'Women in Nutrition Program'

Invited Talk on
**Balanced and
Nutritional Diet**
for Adolescent Girls



27 SEP 2023
1.00 pm
AV Hall



Ms. Rejna MP
Nutritionist & Dietician
Teacher



SAFA | COLLEGE OF
ARTS AND SCIENCE

(Affiliated to University of Calicut) | AN ISO 9001-2015 CERTIFIED
Pookattiri, Edayur P.O, Valanchery, Malappuram Dist. Kerala - 676552

✉ safacollegeoffice@gmail.com

🌐 safacollege.ac.in

☎ 0494 2988810, 9848823215

6.3 PHOTOS



6.4 PARTICIPANTS LIST

WOMEN DEVELOPMENT CELL (WDC) ORGANISES
WOMEN IN NUTRITION PROGRAM 27/09/2023

Sl no.	Name of the student	Department	Signature
1	Rasmiya Sherin - KP	BAEFT	
2	Safwana Sherin - KP	BAEFT	
1	Shafuana Nasrin	BAEFT	<i>[Signature]</i>
2	Aysha Ansina - W	BAEFT	<i>[Signature]</i>
3	Mufassila Thasni - KI	BAEFT	<i>[Signature]</i>
4	Noora Abqabacka - K	BAEFT	<i>[Signature]</i>
5	Shafna Shaini - K	BAEFT	<i>[Signature]</i>
6	Nismana - Rk	"	<i>[Signature]</i>
7	Athira CP	BAEFT 3 rd sem	<i>[Signature]</i>
8	Shamli Sherin - AK	"	<i>[Signature]</i>
9	Suhasya Shariq	"	<i>[Signature]</i>
10	Mehdha Nabeela	"	<i>[Signature]</i>
11	Anika	BSW	<i>[Signature]</i>
12	Shahna M	BSW	<i>[Signature]</i>
13	Shahala K P	BCA	<i>[Signature]</i>
14	Shilpa Sherin	BCA	<i>[Signature]</i>
15	Shalpa Sherin K P	BCA	<i>[Signature]</i>
16	Fathima shahela P T	BCA	<i>[Signature]</i>
17	Muhibra Jabir - K	B.com ea	<i>[Signature]</i>
18	Nasira - PK	B.com CA	<i>[Signature]</i>
19	Hazira - KP	B.com CA	<i>[Signature]</i>
20	Sura Fahami - K	B.com CA	<i>[Signature]</i>
21	Fathima Hiba CM	BA - English	<i>[Signature]</i>
22	Thasneem P - S	BA - English	<i>[Signature]</i>
23	Shifana Thasni U - W	Psychology 3 rd sem	<i>[Signature]</i>
24	Fathima Hiba	"	<i>[Signature]</i>
25	Fathima Nasrin	B.S.C Physics 5 th	<i>[Signature]</i>
26	Fathima Nasreen - M	"	<i>[Signature]</i>
27	Fathima Salva - S	Physics 5 th	<i>[Signature]</i>
28	Mumthaz Banu - KP	"	<i>[Signature]</i>
29	Shakara Hiba - K	BAEFT	<i>[Signature]</i>
30	Fathima Najriya K P	BAEFT	<i>[Signature]</i>
31	Alasika	BSW	<i>[Signature]</i>
32	Nafasath Rayya P T	BSW	<i>[Signature]</i>
33	fathimathul Rafeena v	BAEFT 1 st yr	<i>[Signature]</i>
34	Binisha Inasni - M	BAEFT	<i>[Signature]</i>
35	Aysha dilna - V P	BAEFT	<i>[Signature]</i>
36	Rahila - CK	BAEFT	<i>[Signature]</i>
37	Jasna - OP	BAEFT	<i>[Signature]</i>
38	Abida - KP	BSW 5 th sem	<i>[Signature]</i>
39	Roshna Nasrin - K	BSW 5 th sem	<i>[Signature]</i>
40	Fidha	BCA 5 th	<i>[Signature]</i>
41	Fathima Suhviya K P	BCA 5 th	<i>[Signature]</i>
42	Ayisha Riya	BCA 5 th	<i>[Signature]</i>
43	Sameena Shariq	BCA 5 th	<i>[Signature]</i>
44	Fathima Raza	BCA 5 th	<i>[Signature]</i>

7. SUICIDE PREVENTION AWARENESS

World Suicide Prevention Day was observed on September 10th each year to promote worldwide action to prevent suicides. Suicide is a serious public health problem that can have lasting harmful effects on individuals, families and communities. There are many factors that contribute to suicide. The goal of suicide prevention is to reduce factors that increase risk and increase factors that promote resilience. With this objective Women Development Cell and Department of Psychology jointly organised a Suicide Prevention Awareness Programme named '*Shine a Light*' on 27th September 2023 at Vattaparamb, Chola at 4:30 pm. The Awareness class arranged for the Ayalkoottam Members in the Vattaparamb area. Students from department of psychology actively involved in the awareness session.

The programme started with the welcome speech of Mrs Fathimath Suhra C, WDC Coordinator. Assistant Professor and WDC Member S Sajitha presided. PV Fayize, Head of Psychology Department inaugurated the Programme. OKS Afna and Ashiq Muhammed, Students from Psychology Department were handled the session. Ayalkoottam members TV Saibunisa, VP Samsat Beegum spoke. Assistant Professor M Abdul Hakeem expressed gratitude.

7.1 PROGRAMME SCHEDULE

‘SHINE A LIGHT’: SUICIDE PREVENTION AWARENESS

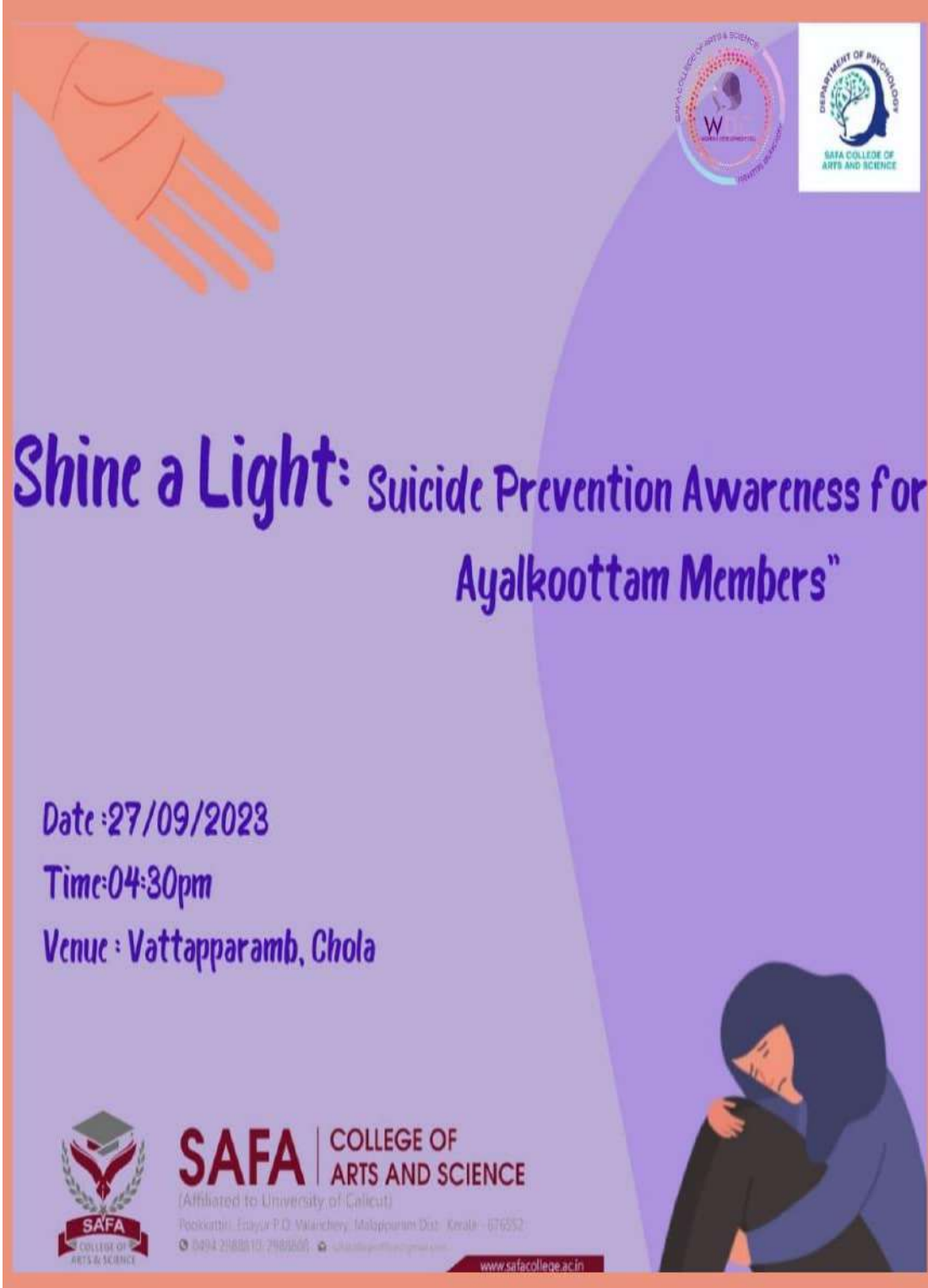
27TH SEPTEMBER 2023

4:30 PM

VATTAPARAMB, CHOLA

Prayer	: Nandana, Hiba, Diya (Students from Department of Psychology)
Welcome Speech	: Fathimath Suhra C (WDC Coordinator)
Presidential Address	: Sajitha S (Assistant Professor and WDC Member)
Inauguration	: Fayize PV (Head of the Department, Psychology)
Awareness Class	: Afna OKS & Ashiq Muhammed (Students from Department of Psychology)
Vote of Thanks	: Abdukl Hakeem M (Assistant Professor)

7.2 POSTER



Shine a Light: Suicide Prevention Awareness for Ayalkoottam Members

Date: 27/09/2023
Time: 04:30pm
Venue: Vattapparamb, Chola

SAFA COLLEGE OF ARTS AND SCIENCE
(Affiliated to University of Calicut)
Pookkottu, Edayar P.O. Malanchery, Malappuram Dist. Kerala - 676552
☎ 0494 2980010, 2980505 | safacollege@vsnl.com
www.safacollege.ac.in
























SAFA COLLEGE OF ARTS & SCIENCE
W
WELFARE
HEALTHY SOCIETY

DEPARTMENT OF PSYCHOLOGY
SAFA COLLEGE OF ARTS AND SCIENCE

7.3 PHOTOS



7.4 PARTICIPANTS LIST

SAFA COLLEGE OF ARTS AND SCIENCE, POOKKATTIRI			
Department of Psychology			
Program:- Shine a Light : "Suicide Prevention Awareness for Ayalkootam Members"			
Participant list			
Date: 27-09-2023		Time: 4:30 PM	
Sl No	Name of the participant	Program /Semester/ Designation	Signature
1-	Afna Beevi Oks	Bsc Psychology 5 th Sem Student	
2-	Afeela sthina p	"	
3.	Alshik Muhammed	Bsc Psych / 3 rd Sem / Student	
4.	Shahmil kalin	Bsc Psychology 3 rd Sem "	
5.	ziyaad .EP	"	
6.	SAIBUDALISA.	Secretary	
7.	SHAMSETHABEEM.	President	
8.	Plammi Salma	"	
9.	AYISHA	member of Ayalkootam	
10.	Noorjahan.	member of Ayalkootam	
11	Reshma	member of ayalkootam	
12	Shamma	member of ayalkootam	
13	Junaina.	member of ayalkootam	
14	saleera.	member	
15	Maymoora	member of Ayalkootam	
16	AYISHA	"	
17	Muneerza.	"	
18	Thibikully	"	
19	Syabir.s	Asst pro. in Arabic	
20	THAJUDHEEN.K.C	Technical Assst. Resource Center	
21	Abdul Hakeem.m	Assistant professor.	
22.	SAMEERA.	member (Shreeya ayalkootam)	
23	DEEPA	Member (Shreeya ayalkootam)	

8. LEGAL AWARENESS PROGRAMME

As we all know that Women empowerment is a process of acquiring power for women in order to understand their rights and to perform her responsibilities towards oneself and others in a most effective way. More than this, Legal Empowerment can help women to secure property rights, access education, and health care, and protect themselves from violence and exploitation. It can also provide women with a platform to raise their voices and participate in decision making. With this objective, Women Development Cell and Internal Complaints Committee of Safa College of Arts and Science jointly organised a legal awareness class named '*Know Your Rights: Legal Empowerment of Women in India's Changing Scenario*' on 6th October 2023 at AV Hall. Adv. Jayadhanya was the chief guest of the programme, she is the National Service Society Lawyer and Taluk Legal Service Authority Panel Lawyer.

The programme started with the welcome speech of Fathimath Suhra C, WDC Coordinator. ICC Member Asia P, Anti Sexual Harassment Cell Coordinator, Rasya Raveendran were facilitated the programme. The guest presented lawpoints in simple way using real life examples of different case situations. It was an interesting Session. Both students and Staffs completely satisfied with this programme. Ayisha Dilna, Student WDC Member expressed heartfelt gratitude to the guest for providing an informative session.

8.1 PROGRAMME SCHEDULE

KNOW YOUR RIGHTS: LEGAL EMPOWERMENT OF WOMEN IN INDIA'S CHANGING SCENARIO

6TH OCTOBER 2023

10 AM – 12:30 PM

AUDIO VISUAL HALL

Prayer	: College choir
Welcome Speech	: Fathimath Suhra C (WDC Coordinator)
Felicitation	: Asia P (ICC Member) : Rasya Raveendran, (Anti Sexual Harassment Cell Coordinator)
Awareness Class	: Adv. Jayadhanya (National Service Society Lawyer & Taluk Legal Service Authority Lawyer)
Vote of Thanks	: Ayisha Dilna (Student WDC Member)

8.2 POSTER



Jointly Organised by
Women Development Cell (WDC) &
Internal Complaints Committee (ICC)



-Legal Awareness Programme-
Know Your Rights:
Legal Empowerment
of Women in India's
Changing Scenario



06 OCT 2023 | FRIDAY
10 AM | AV HALL

Talk by

Adv. Jayadhanya
BA LLB, Diploma in
Counselling Psychology



SAFA | COLLEGE OF
ARTS AND SCIENCE

(Affiliated to University of Calicut) | AN ISO 9001-2015 CERTIFIED
Pookkattiri, Edayur P.O, Valanchery, Malappuram Dist. Kerala - 676552

© safacollegeoffice@gmail.com

🌐 safacollege.ac.in

📞 0494 2988810, 9846823215

8.3 PHOTOS





8.4 PARTICIPANTS LIST

46 05 69 07 01

Adu : Jaya danya .

WOMEN DEVELOPMENT CELL (WDC) ORGANISES LEGAL AWARENESS PROGRAM 06/10/2023

Sl no.	ADMISSIO N NO	Name of the student	Department	Signature
1	4819	Fathima Fidha .A	BBA ^{3rd sem}	
2	4461	Mushirah Thasni.N	BBA 3rd sem	
3	4686	Riswana seri .AV	3rd sem BBA	
4	4493	Fayisa thasni.T	3rd sem BBA	
5		Nejya	BAEFT	
6		Fathima Shamnak	BAEFT	
7		Shabeeba Thasni .c	BAEFT	
8		Jaseera v.p	BAEFT	
9		Shabla Fidha .k	BAEFT	
10		Jinnana .P.K	BAEFT	
11		Shahanahika .k	BAEFT	
12		Nafhath .M	BAEFT	
13		Aadhi .thya	BAEFT	
14		Alashida .T	BAEFT	
15		muneesa m	BAEFT	
16		Ayisha Nija	BAEFT	
17		Nisha .kv	BAEFT	
18		FATHIMA NASIRIYA	BAEFT	
19		Nihana .k	BAEFT	
20		Sharfiya .k.p	BAEFT	
21		Bushatharu .M	BAEFT	
22		Fathima fidha	MA English	
23		Fernessa	MA English	
24	5483	ASNIYA K.K	MA English	
25	5455	SHARBEENA RINKY .K.V	MA English	
26	5328	Harsha .K.P	MA English	
27	5430	BAREERA CT	MA English	
28	4802	Rahsha T	MA Eng. 3rd sem	
29	4796	Fathima Rahna	" " 3rd sem	
30		Fathima Jasna .p	BAEFT	
31		shifana sheena .k	BAEFT	
32		Ayisha Diba .v.p	BAEFT	
33		Rahila .c.k	BAEFT	
34	4954	parvaneendhu .v	MA English	
35	4657	Aswathi .B	MA English	
36	4851	Maneesha .p	MA -English	
37		Aashidhan .M	BA -English	
38		Sana .M	" "	

9. CHILD MARRIAGE FREE INDIA – AWARENESS

Child Marriage is one of the worst forms of exploitation against children. It surpasses the barriers of caste, culture, and religion and has strong linkages with sexual abuse and trafficking. India reported the highest number of child marriages in the world among other countries where this evil tradition is still in practice. Estimates show around 23.3% of girls between the age group of 20-24 years have been married before they turned 18. It must be seen as a serious “crime against children” that violates their basic human rights.

Kailash Satyarthi Children’s Foundation (KSCF), founded by the Nobel Peace Laureate Kailash Satyarthi launched a Pan-India campaign on creating Child Marriage Free India. This initiative is planned to run for about 3 years, covering at least 5,000 villages and engaging with more than 10 million citizens across the country to spread the message on fight against child marriage. The primary objective of the campaign is to reduce child marriages by 10% from the current level of 23.3% by end of the campaign in 2025. With this objective Department of Social Work and Women Development Cell Jointly organised Awareness and Pledge taking in association with Kailash Satyarthi Childrens Foundation, New Delhi at 16th October 2023 at Seminar Hall. This campaign created an awareness to fight against Child Marriage among the students of the college.

9.1 POSTER



Department of Social Work and Women Development Cell
jointly organizes

बाल विवाह मुक्त भारत
CHILD MARRIAGE FREE INDIA

सुरक्षित बचपन, सुरक्षित भारत | SAFE CHILDHOOD, SAFE INDIA

**Awareness *Pledge Taking*

in association with
Kailash Satyarthi Childrens Foundation, New Delhi
16 Oct. 2023 10 am @ Seminar Hall

DEPARTMENT OF SOCIAL WORK

9.2 PHOTOS





Date & time: 16.10.2023 10:13
WGS84: 10°54'32.34"N 76°5'45.22"E (±322m)



Date & time: 16.10.2023 10:15
WGS84: 10°54'32.34"N 76°5'45.24"E (±22m)
Altitude: -1m
Address: W35W+H8W, Pookkattiri

10. MOVIE SCREENING 'MARY KOM'

On 19 October 2023, the BAMC Department of Safa College of Arts and Science, in collaboration with the Women's Development Cell (WDC), organized a screening of the movie "Mary Kom." The event aimed to shed light on the inspiring journey of the renowned Indian boxer Mary Kom and to promote awareness about women's empowerment and sports.

The screening commenced at 1 PM in the AV Hall, Faculty members, students, and staff from various departments attended the event. Before the screening began, a brief introduction about the significance of the movie and its relevance to women's empowerment was provided by WDC Coordinator, Fathimath Suhra C.

10.1 POSTER



SAFA | COLLEGE OF
ARTS AND SCIENCE

(Affiliated to University of Calicut)

Pookkattiri, Edayur P.O, Valanchery, Malappuram Dist. Kerala - 676552

☎ 0494 2988810, 2988808 ✉ safacollegeoffice@gmail.com

www.safacollege.ac.in

10.2 PHOTO



10.3 PARTICIPANTS LIST

WDC & BAMC DEPARTMENT ORGANISES
MOVIE SCREENING MARY COM 19/10/2023


Sl no.	ADMISSION NO	Name of the student	Department	Signature
1		Aamina Nasweetha	BAMC	
2		Sureshna	BAMC	
3		Rinshesharnap	BAMC 5th	
4		Shana Hiba-k	BAMC 5th	
5		Hiba Asaab k.p	BAMC 5th	
6		Fathima Raneem k.i	BAMC	
7		Adithya-k	BAMC	
8		Shweta.M	BAMC	
9		Akifa-p	BAMC	
10		Fathima Missana-k	BAEFT 5th	
11		Najitha Thasni-A	BAEFT 5th	
12		Fathima shahana Sherin	BAEFT 5th	
13		Fathima Dikhana-kp	BAEFT 5th	
14		Rishda-E	BAEFT 5th	
15		Satwana shanir p.i	BAEFT 5th	
16		Riswana shanir p.i	BAEFT 5th	
17		Shatvana Neerina-P	BAEFT 5th	
18		Nandana-pk	BAEFT 5th	
19		Rabeela Thasni-v	BAEFT 5th	
20		Vismaya-R.K	BAEFT 5th	
21		Farhanath	BAEFT 5th	
22		Najiyand	BAEFT 5th	
23		Najitha-N	BAEFT 5th	
24		Shamskeda	BAEFT 5th	
25		Saeeda sheri	BAEFT 5th	
26		Rav hanath.	BAEFT 5th	
27		Theeena.P.K	"	
28		Rismina sherin-PT	"	
29		Cracy-k	"	
30		Amysha Ansina-TW	"	
31		Shaina shirp.	"	
32		Mufassila Thasni kt.	"	
33		Klooga Abobackes.k.	"	
34		Ansi la-p	"	
35		Sabaila.k.p	"	
36		Jamshreena.k.T	"	
37		Nabila.v	"	
38		Jasna.kp	"	

11. PATHWAY SOCIAL WELLNESS PROGRAMME

The Pathway - Social Life Wellness Programme (Pre-marital Counselling) for the year 2022-23 was held at Safa College of Arts and Science from November 14 to 16, 2023. The event was jointly organized by the Minority Welfare Department, Government of Kerala, in collaboration with the IQAC, National Service Scheme, and Women Development Cell of the college. The inaugural ceremony was graced by the esteemed presence of Dr. Nidhin PV, Principal of Safa College, who inaugurated the programme.

The Programme aimed to provide comprehensive pre-marital counselling to young individuals, equipping them with essential life skills and knowledge necessary for a successful and harmonious marital life. Through interactive sessions, workshops, and expert guidance, participants were empowered to address various aspects of pre-marital life, including communication, conflict resolution, financial management, and emotional well-being. With its comprehensive approach and expert guidance, the programme contributed significantly to promoting social well-being and strengthening interpersonal relationships within the community.

11.1 SCHEDULE



SAFA | COLLEGE OF
ARTS AND SCIENCE
(Affiliated to University of Calicut)
Pookattiri, I. Sayer P.O., Valanchery, Malappuram Dist - Kerala - 676522
☎ (0494 2499210 / 2499208) ✉ safacollege@rediffmail.com www.safacollege.ac.in

MINORITY WELFARE DEPARTMENT - GOVT OF KERALA
COACHING CENTRE FOR MINORITY YOUTH VALANCHERY
THREE DAY WORKSHOP ON SKILL ENHANCEMENT
PATHWAY-SOCIAL LIFE WELLNESS PROGRAMME
INAUGURATION CEREMONY
14TH NOVEMBER 2023
(ORGANIZED BY IQAC, WDC AND NSS (UNIT 184))

INAUGURATION-SCHEDULE

PRAYER	: COLLEGE CHOIR
WELCOME SPEECH	: FATHIMATH SUHRA C (COORDINATOR -WDC, SAFA COLLEGE)
PRESIDENTIAL ADDRESS	: ASIA P (CONVENOR- ICC, SAFA COLLEGE)
INAUGURATION	: Dr. P V NIDHIN (PRINCIPAL, SAFA COLLEGE)
KEY-NOTE ADDRESS	: MS. RAJEENA P (PRINCIPAL- CCMY VALANCHERY)
VALUABLE SPEECH	: SHAFEEQUE P P (NSS COORDINATOR, SAFA COLLEGE POOKATIRI) : RASYA RAVEENDRAN (CONVENOR ANTI-SEXUAL HARASSMENT CELL) : SAVEEN V P (COORDINATOR- CCMY VALANCHERY) : SINAN ABDULLAH (CHAIRMAN-SAFA COLLEGE UNION 2023-24)
VALUABLE PRESENCE	: ALL DEPARTMENT HOD'S
VOTE OF THANKS	: HASNA SHERIN (NSS VOLUNTEER, SAFA COLLEGE POOKATIRI)



കേരള സർക്കാർ ന്യൂനപക്ഷക്ഷേമ വകുപ്പ്

Pathway- Social Life Wellness Programme 2022-23

CENTER NAME : SAFA COLLEGE OF ARTS & SCIENCE,POOKKATTIRI

SCHEDULE

DAY 1 : 2023 NOVEMBER 14, TUESDAY	
9 AM TO 9:30 AM	Registraion
09:30 AM TO 12.45 PM	SESSION 1 : Introduction,Marriage For Social Wellness
11:15 AM TO 11:30 AM	Tea Break
12.45 PM TO 01.15	Inaguration
01.15 PM TO 02 PM	Lunch Break
02 PM TO 05.15 PM	SESSION 2 Effective Communication Skills For Couples and Healthy Online Communication
04 PM TO 04 :15 PM	Tea Break
DAY 2 : 2023 NOVEMBER 15, WEDNESDAY	
10 AM TO 01.15 PM	SESSION 3 : Effective Management Of In law Relationships and Conflict Resolution Techniques
11:15 AM TO 11:30 AM	Tea Break
01.15 PM TO 02 PM	Lunch Break
02 PM TO 05.15 PM	SESSION 4 : Infant and Adolescent Parenting Skills,Sex Education and Pregnancy
04 PM TO 04 :15 PM	Tea Break
DAY 3 : 2023 NOVEMBER 16, THURSDAY	
09.30 AM TO 12.45 PM	SESSION 5 : Family Budgeting
11:15 AM TO 11:30 AM	Tea Break
01.15 PM TO 02 PM	Lunch Break
02 PM TO 05.15 PM	SESSION 6 : Legal and Religious Aspects of Marriage
04 PM TO 04 :15 PM	Tea Break
05:15 PM TO 06 PM	Valedictory Function

COACHING CENTRE FOR MINORITY YOUTHS,VALANCHERY



കേരള സർക്കാർ ന്യൂനപക്ഷക്ഷേമ വകുപ്പ്

Pathway- Social Life Wellness Programme 2023-24

CENTER NAME : SAFA COLLEGE OF ARTS & SCIENCE,POOKATTIRI

TIME TABLE

DAY 1 : 2023 NOVEMBER 14, TUESDAY				
SL No.	TOPIC	NAME	TIME	SIGNATURE
1	<u>SESSION 1 :</u> Introduction,Marriage For Social Wellness	Mr.Shafeeq 9947305953	09.30 AM TO 12.45 PM	
2	<u>SESSION 2 :</u> Effective Communication Skills For Couples and Healthy Online Communication	Mrs.Saibunnisa 9249346163	02 PM TO 05.15 PM	
DAY 2 : 2023 NOVEMBER 15, WEDNESDAY				
3	<u>SESSION 3 :</u> Effective Management Of In law Relationships and Conflict Resolution Techniques	Mr.Faisal 9847222283	10 AM TO 01.15 PM	
4	<u>SESSION 4 :</u> Infant and Adolescent Parenting Skills,Sex Education and Pregnancy	Mrs.Noosiya 7025654076	02 PM TO 05.15 PM	
DAY 3 : 2023 NOVEMBER 16, THURSDAY				
5	<u>SESSION 5 :</u> Family Budgeting	Mrs.Shabeeba 9895793388	10 AM TO 01.15 PM	
6	<u>SESSION 6 :</u> Legal and Religious Aspects of Marriage	Mr.Adv Shamsudheen 9946666115	02 PM TO 05.15 PM	

COACHING CENTRE FOR MINORITY YOUTHS,VALANCHERY

11.2 POSTER

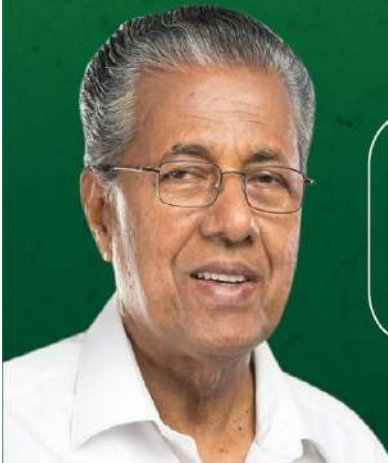


**MINORITY WELFARE DEPARTMENT - GOVT. OF KERALA
COACHING CENTRE FOR MINORITY YOUTH VALANCHERY**

THREE DAY WORKSHOP ON SKILL ENHANCEMENT

14th, 15th & 16th November 2023

PATHWAY-SOCIAL LIFE WELLNESS PROGRAMME



Inauguration:
Sri. Dr. Nithin PV
(Principal, Safa College of Arts & Science)



Organized by: IQAC, WDC & NSS (Unit: 184)



AN ISO 9001-2015 CERTIFIED

SAFA | COLLEGE OF
ARTS AND SCIENCE

(Affiliated to University of Calicut)

Pookkattiri, Edayur P.O, Valanchery, Malappuram Dist. Kerala - 676552

☎ 0494 2988810, 2988808 📧 safacollegeoffice@gmail.com 🌐 www.safacollege.ac.in



11.3 PHOTOS



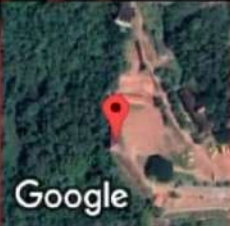




Galaxy S23+



GPS Map Camera



Google

Pookkattiri, Kerala, India
W35V+PRX, Pookkattiri, Kerala 676552, India
Lat 10.909659°
Long 76.094264°
14/11/23 10:19 AM GMT +05:30



Galaxy S23+

SL NO	NAME & ADDRESS	MALE / FEMALE	RELIGION	SIGNATURE					
				DATE: 14-11-2023		DATE: 15-11-2023		DATE: 16-11-2023	
				FN	AN	FN	AN	FN	AN
46	MUHANNAD	MALE	ISLAM						
47	MOHAMMED ANSHAD P	MALE	ISLAM						
48	MOHAMMED SINAN	MALE	ISLAM						
49	MINHA FATHIMA OK	FEMALE	ISLAM						
50	ADITHYAN JAYAPRAKASH	Female Male	HINDY						

12. KANAL FEST

To combat violence against women and children and end gender discrimination, Department of Women and Child Development of Kerala Government organized a Kanal Fest Awareness in collaboration with Safa College. Women Development Cell and SIP Jointly conducted the program. Principal Dr. PV Nidhin inaugurated the program. Mrs. Umm Salma, Additional CDPO Kuttipuram presided over the function. Mrs. Beena Sunny, Gender Trainer conducted the awareness class. Kalari Trainer Srikala Gurukkal gave self defense training to the students. Women Development Cell Coordinator Fathimath Suhra C welcomed the program. IQAC Coordinator Abdul Shukur PK, Anti-Sexual Harassment Cell Coordinator Rasya Ravindran, ICC Convener Asia P, SIP Coordinator Muhammad Shameem and DWCD Gender Specialist Rosmin were felicitated thr programe. DMC Coordinator Anu V thanked.

12.1 PROGRAMME SCHEDULE

Prayer	: Student Choir
Welcome Speech	: Fathimath Suhra C (WDC Coordinator)
Presidential Address	: Ummu Salma (CDPO, Kuttippuram Additional)
Inauguration	: Dr. PV Nidhin (Principal, SAFA College)
Felicitation	: Abdul Shukoor PK (IQAC Coordinator)
	: Rasya Raveendran (Anti Sexual Harassment Cell Coordinator)
	: Asia P (ICC Convenor)
	: Mohammed Shameem P (SIP Coordinator)
Awareness Class	: Beena Sunny (Gender Trainer)
Self Defence Training	: Sreekala Gurukkal (Kalari Trainer)
Vote of Thanks	: Anju V (DMC Coordinator)

12.2 POSTER



വനിത ശിശുവികസന വകുപ്പ്

കേരള സർക്കാർ
വനിതാ ശിശുവികസന വകുപ്പ്
ജില്ലാ വനിതാ ശിശു വികസന ഓഫീസ്, മലപ്പുറം

കനൽ ഫെസ്റ്റ് 2023-24

Date 21.11.2023, Venue - SAFA College Pookkattiri

ഉദ്ഘാടനം : ശ്രീ.ഡോ. പി വി. നിതിൻ (പ്രിൻസിപ്പൽ സഹ കോളേജ്)

ബോധവൽക്കരണ ക്ലാസ് : ശ്രീമതി. ബീന സണ്ണി (ജെൻഡർ ട്രെയിനർ)

സെൽഫ് ഡിഫൻസ് ട്രെയിനിംഗ് : ശ്രീമതി ശ്രീകല ഗുരുക്കൾ (കളരി ട്രെയിനർ)

12.3 PHOTOS





12.4 PARTICIPANTS LIST

ജില്ലാ വനിതാ ശിശുവികസന ഓഫീസ് - മലപ്പുറം

കനൽ ഫെസ്റ്റ് - നവംബർ 2023

VENUE: SAFA COLLEGE

21-11-2023 @10:30 AM

S/N 0	NAME	DESIGNATION	SIGN
1	Dr P Nalath	Principal	
2	Beena Sunny, RP	KILA RP, General member	
3	Omrusalma m.	CDPO, Kuttippattanam (PDI)	 21.11.23
4	Joyce RP	B.W.O. Eeljoor	
5	ABDUL SHUKOOR P.K	Vice Principal ICC - member	
6	Asia P	HOD of computer Application ICC - member	
7	Fathimath Suhm L	Assistant Professor in Economics WDC coordinator	 21/11/23
8	Ranya Raveendran	Assistant Professor in Mathematics & Anti-Sexual Harassment cell coordinator	
9	Vindha Vishwanathan	Assistant Professor in Computer Science Student Activities in Palliative Care cell Assistant Coordinator	
10	Sreekala Gururajana) TV	Kabari Projector Trainer (Self-help)	
11	Janeesha M	realase project	

WOMEN DEVELOPMENT CELL

KANAL - AWARENESS AND SELF DEFENCE PROGRAMME 21/11/2023

Sl no.	Admn.NO	Name of the student	Department & Class	Signature
1	4597	Fatima Saniya T	BBA 3rd sem	
2	4582	Anshita Parveen	BBA 3rd Sem	
3	4661	fatima Sherin	BBA 3rd Sem	
4	4664	Havshrena. K.P	BBA 3rd Sem	
5	4666	Shifana Sherin.	BBA 3rd Sem	
6	4616	Shifana. K.P	BBA 3rd Sem.	
7	5125	Aysha Farhana.K	BCA 1st sem	
8	5219	Fathima Sakina P.T	BCA 1st sem	
9	5054	Muhammed Ansip	BCA 1st sem	
10	5212	Mohammed Shifa Mahas.T	BCA 1st sem	
11	5114	Shahdya. K.T	B.A English	
12	4983	Fathimath Asma Sherin P	B.A English	
13	5411	Aashidha. M	BA English	
14	5023	Shibika Shrinip	BA English 1st sem	
15	4969	Risana Thasneem. K	BA English 1st sem	
16	4550	Fathima Sheheela P.T	BA 3rd sem	
17	4722	Shalba Sherin K.P	BCA 3rd sem	
18	4733	Shilpa Sherin K.T	BCA 3rd sem	
19	4732	Shakara K.P	BCA 3rd sem	
20	4745	Insha. K.K	Bsc Psychology 3rd sem	
21	4799	Adhila Yasmin P.P	Bsc Psychology 3rd sem	
22	4643	Nandana M.P	BCA 3rd sem	
23	4952	YASINA. K.K.	BCA 3rd sem	
24	5378	Hiba Thasneem. K	BA English 1st sem	
25	5205	Fathima Asna. M.P.	BA English 1st sem	
26	5200	Fathima sana. M	BA English 1st sem	
27	4469	Fathima Rishana. V	Bsw 3rd sem	
28	4682	Rinsha Sherin K.T	Bsw 3rd sem	
29	4694	Fathimath Nidha	Bsw 3rd sem	
30	4737	Masidha	Bsw 3rd sem	
31	4993	Shalba. M.K	BA English 1st sem	
32	5366	Fathima Shafiq.	BA English 1st sem	

33	5289	Dilsha	BA English (1st)	Ar
34	5104	Fahmiya Nesru	BA English (1st)	Ar
35	4760	Anjula	BSW 3rd sem	Ar
36	4617	Sanaya T	Bsc psychology 3rd sem	Ar
37	4603	KEERTHANA T	3rd sem BCA	Ar
38	4568	Anagha Krishna	Bsc Psychology 3rd sem	Anagha
39	4619	Sanjya M		Ar
40	5109	Faisaas T	BBA 1st sem	Ar
41	4995	Mohammed Hadil T	BBA 1st sem	Ar
42	4589	Mohammed Ajmal K	BCA 3rd sem	Ar
43	4673	Mohammed Jasir N	"	Ar
44	4485	Sabaal K.P	BA English 3rd	Ar
45	4553	Miskin T	BCA 3rd	Ar
46	4654	Fathima Shahara K	BA English 3rd sem	Ar
47	4496	Hiba Thesni A.P	BA English 3rd sem	Ar
48	4714	Anshika	BA English 3rd sem	Ar
49	4681	Alkesh	BCA 3rd sem	Ar
50	4555	Muhammed Dilshad	BCA 3rd sem	Ar
51	4752	Ashiq, Jusaila	BSW 3rd sem	Ar
52	4471	Shahal Boshan T.V	BSW 3rd sem	Ar
53	4891	Anjurkrishna E	BSW 3rd sem	Ar
54	4514	Shahna M	BSW 3rd sem	Ar
55	4475	HABIBI K.P	B.com 3rd sem	Ar
56	4637	Alasira .PK	B.com 3rd sem	Ar
57	4672	Jesna .MT	B.com 3rd sem	Ar
58	4766	Tharveeda Jannath	B.com 3rd sem	Ar
59	4919	Kubira binzy .P	B.com 3rd sem	Ar
60	4601	Ansha Shahin K.P	B.com 3rd sem	Ar
61	4895	Hamna	BA English 3rd sem	Ar
62	4738	Jumylath nip	BA English 3rd sem	Ar
63	4479	Shubila Sheikh	BA English 3rd sem	Ar
64	5152	Jumana .P.K	B.AEFT 1st sem	Ar
65	4981	Shabeeb M	BSW 1st sem	Ar
66	5025	Shahana hiba. K	B.AEFT 1st sem	Ar
67	5110	Binuha Thauru M	B.AEFT 1st sem	Ar

68	5076	Shabla Firdha c.k	BAEFT 1st Sem	Shabla
69	5121	Nishva.kv	BAEFT 1st Sem	Nishva
70	5030	Nafhath.M	BAEFT 1st sem	Nafhath
71	5238	Hanna.p	B.com F 1st sem	Hanna
72	5154	Tarhana.k	B.com F 1st sem	Tarhana
73	5047	Rensana Khudega	B.com F 1st sem	Rensana
74	5074	Fathima Shamma.k	BAEFT 1st Sem	Fathima
75	4985	Jumna Tansi.p	BSW 1st sem	Jumna
76	5210	Mubashira-c.t	Bsw 1st Sem	Mubashira
77	4984	Fathima Nibala.m	B.com Finance 1st sem	Fathima
78	5116	Shamma shezi A.p	B.com Finance 1st sem	Shamma
79	5385	Fathima Safana	Bsc Psychology 1st	Fathima
80	5315	Fathima Nabeela	Bsc Psychology 1st	Fathima
81	5456	Rasla Rasheed	BBA 1st sem	Rasla
82	5458	Bincyga nasreen	BBA 1st sem	Bincyga
83	5471	Rameesa shario	BBA 1st sem	Rameesa
84	5143	Anamika M	Bsc Psychology 1st	Anamika
85	5121	Najiya.kp	Bsc Psychology 1st sem	Najiya
86	5392	Adhila semeema.km	Bsc Psychology 1st sem	Adhila
87	4967	Suhaira Tahana.m	B.com Finance 1st sem	Suhaira
88	5157	Alisa Nasrin k.p	B.com Finance 1st sem	Alisa
89	5349	Nasiya Sherin.A	B.com CA 1st sem	Nasiya
90	5350	Rishana Banadikha.p	B.com CA 1st sem	Rishana
91	5185	Rishana Sherin.Ac	Bsc Psychology 1st sem	Rishana
92	5457	Rishana Sherin.N.T	Bsc Psychology 1st sem	Rishana
93	5260	Prishiba Thasriya.k	Bsw 1st sem	Prishiba
94	5331	Rizla.v	Bsw 1st sem	Rizla
95	5160	Rinshida.M	BSW 1st Sem	Rinshida
96	5055	ANSER KP	BBA 1st sem	ANSER
97	4974	Najid mon.Mk	BBA 1st sem	Najid
98	4533	Rishana febin.p	BBA 3rd sem	Rishana
99	5367	Mohammed Shamel	BAEFT 1st sem	Mohammed
100	5232	Fathima Shamma.k.p	B.com CA 1st	Fathima
101	5216	Mihada Mah.siyas.v.k	B.com CA 1st	Mihada
102	5174	Jumana.T	B.com CA 1st	Jumana

13. WORKSHOP ON VALUE ADDITION WITH TIE AND DYE

The Workshop on Value Addition with Tie and Dye, organized by the ED Club in collaboration with the Women Development Cell, CINDREBAY Design and PG Department of Commerce on 22nd November 2023 at Seminar Hall. Aimed to provide participants with practical skills in tie and dye techniques while emphasizing the importance of creativity and entrepreneurship in value addition. The workshop commenced at 1:30 PM with an introduction by the organizer, Nabeel Fadi highlighting the objectives of the session. Attendees were provided with necessary materials and guidance to actively participate in the hands-on learning experience. Expert facilitators demonstrated various tie and dye techniques, including traditional methods and contemporary designs. Participants were encouraged to experiment with different patterns, colors, and fabric types, fostering creativity and innovation.

In addition to mastering tie and dye techniques, the workshop emphasized the concept of value addition and its relevance in entrepreneurship. Participants learned how to transform ordinary fabrics into unique, marketable products through creative design and innovation. Throughout the workshop, interactive sessions facilitated open discussions and knowledge sharing among participants. Attendees exchanged ideas, tips, and experiences, enhancing their learning and collaboration.

13.1 POSTER

ENTREPRENEURSHIP DEVELOPMENT CLUB



WORKSHOP

**VALUE ADDITION
WITH TIE AND DYE**

in association with



**Women Development Cell
PG Department of commerce and
CINDREBAY School of Design**



**22
NOV
1.30 PM**
SEMINAR HALL



**SAFA COLLEGE OF
ARTS AND SCIENCE
POOKKATTIRI**

13.2 PHOTO



13.3 PARTICIPANTS LIST

ED CLUB and WDC

WORKSHOP ON VALUE ADDITION WITH TIE AND DYE 22/11/2023

Sl no.	Admn.NO	Name of the student	Department & Class	Signature
1	5071	Fathima Munavisa V.T	BAEFT 1 st Sem	
2	5140	Fathima Farhana.M	BAEFT 1 st Sem	
3	5039	Nathath.M	BAEFT 1 st Sem	
4	4514	Shahna.M	Bsw 3 rd Sem	
5	4607	Athira .cp	BAEFT 3 rd Sem	
6	4536	Shabana .m.	"	
7	4767	Rahma .P	"	
8	5342	Geeshma .M	MA Economics	
9	5428	Famina	"	
10	5313	Farsana	"	
11	5166	Fathima Nidha .v	Bsw	
12	5028	Thasni .k	Bsw	
13	5216	Mihada	B.com ca	
14	5174	Jumana	B.com CA 1 st	
15	5301 5301	Arjoon .T.V	B.com CA 1 st	
16	5423	Sriya Sharin .k	"	
17	5323	Rishana	B.com CA 1 st	
18	4843	Hasna Fabin k	B.com psychology 3 rd Sem	
19	4840	Fathima Ansara k.p	"	
20	4757	Fathima Hida .P	"	
21	4659	Jumana Hasin v.p	"	
22	5116	Shamna sheeri .p	B.com - Finance 1 st	
23	5238	Hannayp	B.com - Finance 1 st	
24	4520	Swaliba Muli .M	BBA 3 rd Sem	
25	4597	Fathima Saniya -T	" "	
26	4533	Rishana Fabin .p	" "	
27	4616	Shifna .K.T	" "	
28	5413	Fathima Shabadi .p	B.com [F]	
29	5047	Rimsana Khaleeqa .k	B.com [F]	
30	5190	Nafeesatul Misriyak	B.com CA	
31	5154	Farhana k	B.com [F]	
32	5168	Fathimath Hiba p	"	


14. CERVICAL CANCER AWARENESS PROGRAM

Women Development Cell of Safa College of Arts and Science in association with Alfa Hospital organized a Cervical Cancer Awareness Program on 22nd January 2024 at AV Hall. Mrs. Fathimath Suhra C (WDC Coordinator) Welcomed everyone to the program. Ms. Megha (Senior Nursing Officer, Gynecology Department, Alfa Medi Care Hospital) successfully educated participants on the importance of cervical cancer prevention and early detection. Through informative sessions covering risk factors, screening methods, and treatment options, attendees gained valuable insights into protecting their health. Interactive activities fostered engagement and encouraged open discussions, empowering participants to take proactive steps towards cervical cancer awareness and prevention. The program highlighted the significance of community initiatives in promoting women's health and well-being. Ms. Fathima Nasli Maliyekkal, Student from 6th Semester BAEFT thanked for the session.

14.1 PROGRAMME SCHEDULE

Prayer	: Student Choir
Welcome Speech	: Fathimath Suhra C (WDC Coordinator)
Presidential Address	: Dr. PV Nidhin (Principal, SAFA College)
Felicitation	: Abdul Shukoor PK (IQAC Coordinator)
	: Rasya Raveendran (Anti Sexual Harassment Cell Coordinator)
	: Asia P (ICC Convenor)
Awareness Class	: Ms. Megha (Senior Nursing Officer, Gynecology Department, Alfa Medi Care Hospital)
Vote of Thanks	: Ms. Fathima Nasli Maliyekkal


14.2 POSTER



**WDC ORGANIZE
IN ASSOCIATION WITH
ALFA HOSPITAL**

**CERVICAL
CANCER
AWARENESS**

Resource Person



Ms. Megha
Senior Nursing Officer
Gynaecology Department
Alfa Medi Care Hospital

22-01-2024 @ AV HALL



SAFA | COLLEGE OF
ARTS AND SCIENCE

(Affiliated to University of Calicut)

Pookkattiri, Edayur P.O, Valanchery, Malappuram Dist. Kerala - 676552

☎ 0494 2988810, 2988808 📧 safacollegeoffice@gmail.com

www.safacollege.ac.in

14.3 PHOTOS



14.4 PARTICIPANTS LIST

WDC SAFA & ALFA HOSPITAL Jointly Organize

CERVICAL CANCER AWARENESS PROGRAM 22/01/2024

Sl no.	Admn.NO	Name of the student	Department & Class	Signature
1	4083	Fathima Nestli.m	BAEFT 6th sem	
2	4262	Fathima sarnak	BAEFT 6th sem	
3	4329	Nabila.v	BAEFT 6th sem	
4	3946	Ruqsana Janzabik	BAEFT 6th sem	
5	4092	Fayhana Shorin	BAEFT 6th sem	
6	4261	Shahola .i.p	BAEFT 6th sem	
7	4260	Ramsheena.k.p	BAEFT 6th sem	
8	4273	Ansila .p	BAEFT 6th sem	
9	4324	Subaila.k.p	BAEFT 6th sem	
10	4183	Janshana.k.t	BAEFT 6th sem	
11	4074	Mukshira.k.p	BBA 6th sem	
12	4078	Afna shevin.c	BBA 6th sem	
13	3990	shamra shevip	BBA 6th sem	
14	4709	Mulshina.P	MAEFD 4th sem	
15	4698	Saedha.v.k	??	
16	5163	Sibila Sorin.k	BBA II nd sem	
17	5059	Fathima Sana.k	BBA II nd sem	
	5058			
18	5458	Bridya nasteen.m	BBA II nd sem	
19	5456	Rasla Radreed	BBA II nd sem	
20	5066	Fathima hila rinshi.tok	BA 1 st sem	
21	5125	Aysha fadhana.k	BA 1 st sem	
22	5219	Fathima Shukira	BA 1 st sem	
23	5199	AYSHA NEHALA	BA 1 st sem	
24	4171	Fathima nishana	Psychology 1 st sem	
25	4161	shabna.v.p	??	
26	4368	Fathima Salva	Physics	
27	4264	Munthas Bancu	Physics	
28	5243	Mufeeda .p	BA 1 st sem	
29	5447	Fathima saushada	BA 1 st sem	

